

POST-MODULE INTEGRATION QUESTIONS & INTENTION



What things did I find validating or helpful about my personal astrology chart?

What challenging behaviors or influences now make more sense & how will I maintain alignment when I recognize imbalance occurring?

Areas of strength I recognize in myself that are reflected in my chart:

What have I experienced around self-care practices for my Sacral chakra during this module?

What is my forward-looking intention, based on what I've learned/integrated about my personal astrology & creative energy center?

**TOOLS/SELF-CARE FOR THE SACRAL CHAKRA THAT HAVE
RESONATED WITH ME DURING THIS MODULE:**

