



# Module 2

## Sacral Chakra

# What to Expect

Apply Personal Astrology Report & identify areas for awareness

Explore how your astrological information influences you

Balancing cosmic influences on your journey



# Why This Module is Essential to Quantum Soul Healing

- Explore how chart placements shape behavior & relationships
- Understand emotional patterns & boundaries for growth
- Build autonomy by aligning with your true self
- Support personal evolution through unique soul alignment

Location: Lower abdomen, hips, lower back, genitals

Purpose: Pleasure, creativity, emotions, intimacy, flow

Activations: Guilt, abandonment, emotional avoidance

Imbalance: Emotional extremes, poor boundaries, sexual repression/compulsion

Mantras: “I have the right to feel & enjoy” “I am allowed to need”



## Sacral Chakra Cosmic Flow

# Astrology & Birth Charts

**Astrology:** Study of stars/planets & their influence on humanity

**Zodiac Belt:** 12-sign celestial path with unique energies

**Orbital Path:** Movement of Moon/planets guides timing & cycles on the planet

**Natal Knowledge:** Birth Chart = strengths & growth themes

**Cosmic ID:** Birth Charts reflect your soul's path in this life

# Sun, Moon & Ascending

## Sun

- Core identity
- Self-expression
- Ideal self-care

## Ascending (Rising)

- Outer Personality
- Social Presence
- Physical appearance

## Moon

- Emotional needs
- Childhood & internal reality
- Soul nourishment

# Houses, Planets & Signs

**House 1:** Personality (Mars & Aries)

**House 2:** Relationships & Security (Venus & Taurus)

**House 3:** Communication & Social Expression (Mercury & Gemini)

**House 4:** Home & Family Roots (Moon & Cancer)

**House 5:** Creativity & Fun (Sun & Leo)

**House 6:** Health & Routines (Mercury/Chiron & Virgo)

# Houses, Planets & Signs

**House 7:** Partnership & Love (Venus & Libra)

**House 8:** Transformation & Analysis (Pluto & Scorpio)

**House 9:** Growth & Exploration (Jupiter & Sagittarius)

**House 10:** Career & Legacy (Saturn & Capricorn)

**House 11:** Community & Vision (Uranus & Aquarius)

**House 12:** Inner Growth & Healing (Neptune & Pisces)



# Aspects

Aspects = How planetary relationships influence energy

## **Sacred Geometry:**

- Shapes & degrees (placements) reflect cosmic patterns
- Based on ancient principles of distance & proportion

## **Connections with Chart:**

- Shows how planets interact – harmonious vs. challenging
- Based on angles (distance) between placements

## **Daily Influences:**

- Transits shift daily energy & mood
- Collective & personal impact through movement

# Lunar Nodes

Nodes = Soul growth through karmic direction

## Basics

- Not planets – points where Moon & Sun paths intersect
- Reflect past (Moon/South) vs. growth (Sun/North)

## North Node

- Life path for growth & purpose
- Leads to joy when consciously followed

## South Node

- Past life patterns or comfort zone
- Release to evolve & clear karma

# I.C. & Inner Child

I.C. = Exploring roots, family patterns & emotional healing

## **Imum Coeli (I.C.)**

- ♦ Reflects private life, family roots, karmic patterns
- ♦ Linked to South Node, 4<sup>th</sup> House & ancestral influence

## **Inner Child Healing**

- ♦ Brings awareness to early emotional wounds
- ♦ Create space for nurturing, safety & healing

## **Applying I.C.**

- ♦ Reveals childhood patterns still active today
- ♦ Guide for nurturing yourself & your home life

# M.C. & Ambitions

M.C. = Understanding destined career direction & public self

## Midheaven (M.C.)

- ♦ Represents public image & career aspirations
- ♦ Linked to North Node & 10<sup>th</sup> House growth path

## Career Ambitions

- ♦ Aligns your work with authenticity & purpose
- ♦ Encourages reflection on long-term direction

## Applying M.C.

- ♦ Clarifies life purpose & areas for growth
- ♦ Supports an aligned path for success & fulfillment

# Balancing: Sacral Chakra

**Color:** Orange

**Crystals:** Carnelian, Orange Calcite, Harlequin Quartz

**Foods:** Carrots, turmeric, oranges/mandarins, sweet potatoes, papaya, orange peppers, pumpkins

**Yoga Poses:** Goddess pose, Cat Cow pose, Pigeon pose

## Prompts to Explore:

1. Visualize healing energy flowing through your abdomen, hips & pelvic area
2. Reflect on how childhood shaped your sense of joy, creativity & connection
3. Choose a fluid activity (e.g. bath, dancing, art, hydration) to support this chakra